



LOG IN

NEW HERE?

Access Castlight via the Desktop or Mobile app and follow these easy steps.



1. Go to "Create an account".
2. Enter your email address and create a password.
3. Click "Next".
4. Verify your identity by entering the following information:
 - First and Last Name
 - Date of Birth
 - Last 4-digits of your social security number
 - Zip code
5. Check the box to agree to platform policies.
6. Click "Register".
7. Complete the 2-Step Verification process by entering your mobile number to receive your code by text message.

HAVE A CASTLIGHT ACCOUNT?

Login and explore!

DESKTOP LOGIN

- Visit: mycastlight.com/mybenefits
- In top right corner, click "Sign in".
- Enter your Email and Password.
- Click "Sign in" black button.

MOBILE APP LOGIN

- Download the Castlight Health app.
- Company Name is KEHP or MYBENEFITS.
- Enter your Email and Password.
- Click "Sign in" black button.

For troubleshooting or to register over the phone, please call your Castlight Care Guide at 800-681-6758 or email support@castlighthealth.com.

